

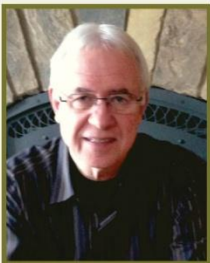


Supporting A Family Member with FASD to Be All That They Can Be

Balancing Body, Brain & Being

**The 7 Most Essential, Most Effective and Most Doable Ways
To Support Children, Youth and Adults with
Developmental Disabilities to Live to Their Fullest Potential
That Often Are Not Happening**

- 15 symptoms that reveal the untreated cause of your supported family member's agitation/aggression.
- Nutrition - 5 correctable problems causing agitation, anger and aggression (AAA).
- Brain Development - Inflammation regulation.
- 5 ways to prevent and calm AAA.



PETER MARKS
Centre for
Conscious Care
CEO

- University of Toronto, Academic Programs Instructor.
- Co-founder, Director and/or Consultant to 42 Autism and other Developmental Disabilities and mental health services' systems throughout Ontario.
- Guest lecturer and keynote speaker at Universities, Conferences and Human and Health Services' Organizations, e.g. London Health Sciences Centre, McMaster University, Community Living Ontario, OASIS.
- Extensive 30+ years of direct service as a volunteer.
- Trained and consults with senior researchers and programmers from Harvard Medical School, the Center for Discovery (New York State's Autism Centre for Excellence), the University of Toronto.
- Author - Conscious Care & Support.